



## BEAUTY AT THE CHELTENHAM PARK HOTEL

For more information and to book please call the Spa Reception Desk  
on 01242 222021 (hotel guests please dial extension 624).



A glass still life featuring a glass still with a bulb and a long neck, containing dried yellow and orange flower petals. To the left, a glass vase holds fresh yellow and orange flowers. In the foreground, a glass dish is filled with a mix of fresh yellow and orange flowers. The background is a soft, light blue gradient. A bright yellow banner is positioned at the top right, containing the brand name.

**DECLÉOR**  
PARIS

## DECLÉOR

As the trusted expert and innovator in aromatherapy skincare since 1974, **DECLÉOR** continues to lead with its visionary approach to beauty.

**DECLÉOR** holistic treatments are famous worldwide for their heavenly feel and simply stunning results. Based on 40 years of expertise, the use of expert massage techniques and 100% pure Essential Oils deliver targeted and proven skincare solutions for every skin type.

Understanding that beauty and well-being are intrinsically linked, **DECLÉOR** offers a unique sensory experience that visibly enhances the skin's natural health and radiance.

# DECLÉOR TREATMENT MENU

## FACE

---

### ULTIMATE VITAMIN GLOW (55mins) £59

Power-packed with vitamins and anti-oxidants, this award winning facial melts away stress. Combines a rebalancing Essential Oil elixir plus warm, decongesting mask for skin that's purified, perfectly replenished and glowing.

### MOISTURE QUENCH (55mins) £59

This super-hydrating facial quenches the thirstiest skin. Includes gentle exfoliation to smooth then a nutrient-rich mask to intensively rehydrate for skin that's supple and cashmere soft.

### AROME LISSE FACIAL (55mins) £59

Perfect daily defence for the skin to slow appearance of the signs of ageing. Using hyaluronic acid and mandarin serum and balm, the skin is deeply regenerated and immediately smoothed and wrinkles are reduced.

### VITAL EYES (25mins) £39

Put the sparkle back! Featuring repairing and intensively hydrating eye masks, this targeted treatment fights fatigue, quenches moisture loss and helps erase wrinkles for a sparkling, rested eye zone.

### DECLÉOR DISCOVERY FACIAL (25mins) £39

Discover what makes Decléor facials world famous with this divine 'taster'. When you're short of time but want to bring back an irresistibly healthy complexion, this is the perfect rescue remedy. For rapid results, your expert therapist uses a combination of massage, Essential Oils and a gentle polish to smooth and revitalise tired skin leaving it fresh and radiant instead.

## BODY

---

### AROMATHERAPY FULL BODY MASSAGE (55mins) £55

Relax, detoxify, tone or stimulate with one of these tension-releasing, holistic treatments. Stresses and strains blissfully melt away and skin all over is left revitalised and velvety.

### DEEP TISSUE MUSCLE ENERGISER MASSAGE (55mins) £59

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural Essential Oil Balms enhance the experience, leaving your mind calmer and muscles intensely soothed.

### AROMA BODY SILK GLISTENER (55mins) £57

Radiant, bright and petal soft - your skin will glisten with health and vitality after this natural exfoliation treatment.

**RADIANT MUM 2 BE (55mins)** £57  
Relax while your highly trained therapist safely and gently treats your tummy, legs and face to a truly nurturing experience that helps reduce the risk of stretch marks, relieves 'heavy' legs and brightens skin. Suitable for pregnancies over 12 weeks.

**PEPPER & GRAPEFRUIT SLIM EFFECT (55mins)** £57  
Rebalancing and results focused, this invigorating detoxifying wrap attacks cellulite and remineralises skin. Leaves mind and body recharged ... and in better shape.

**ANTI-FATIGUE CITRUS ENERGY BOOST (55mins)** £57  
A super-stimulating envelopment to improve poor circulation, ease aching muscles and fight fatigue. Excellent for treating cold hands and feet, ideally suited to those who enjoy an active lifestyle.

**TRANQUILLITY SCALP (25mins)** £36  
Intensely de-stressing scalp treatment to banish tension and aid restful sleep. Power point massage includes Rosemary and Lavender Essential Oils to invigorate and soothe leaving a feeling of pure serenity.

**SOFT HANDS (25mins)** £39  
Nurture hard-working hands with an indulgent blend of skin smoothers and softeners. Dry, damaged skin is repaired and weak or brittle nails strengthened; a hand and arm massage blissfully relaxes too.

**SOFT FEET (25mins)** £39  
Treat sore and aching feet to a restorative purifying exfoliation, deeply relaxing massage and nourishing mask to banish dry, cracked heels and even improve the look of calluses leaving skin smoother and brighter.

## MEN

---

**MEN'S INTENSIVE ENERGISING FACE TREATMENT (55mins)** £59  
Our fatigue-fighting, anti-ageing treatment reduces shaving bumps and irritation whilst re-invigorating skin. Skin is soothed, moisturised and looks re-invigorated, with reduced beard growth.

**MEN'S INTENSIVE ENERGISING BODY TREATMENT (55mins)** £59  
Dramatically reducing tension and boosting energy levels, this deeply revitalising treatment includes a powerful therapeutic massage to blast away muscular - and mental - aches and pains. Leaves mind and body ready to go again.

**MEN'S DEEP TISSUE BACK AND SHOULDER MASSAGE (25mins)** £42  
Highly targeted treatment focussing solely on releasing tension in back and shoulders with a powerful deep tissue massage. Intensely de-stressing to actively revitalise mind and body.



# SPA PACKAGES

## LUXURY PAMPER DAY (180mins)

£129.00

Aromatherapy body massage, Decléor vitamin glow facial,  
Jessica deluxe manicure

## TREAT ME PAMPER DAY (120mins)

£99.00

Select two of the following - Decléor vitamin glow facial, Aromatherapy  
body massage, Jessica deluxe manicure or Jessica deluxe pedicure

## INDULGENCE PAMPER DAY (85mins)

£89.00

Deluxe Jessica manicure PLUS Decléor express facial or Decléor soft feet

## MUM TO BE PAMPER DAY (55mins)

£62.00

Decléor mum to be treatment

## SIGNATURE PAMPER DAY (55mins)

£60.00

Select two of the following - Back, Neck and Shoulder massage, Decléor  
discovery facial, Jessica express manicure, Jessica express pedicure  
or scalp massage

## MORNING BOOSTER (25mins)

£44.00

Select one of the following - Back, Neck and Shoulder massage, Decléor  
discovery facial, Jessica express manicure, Jessica express pedicure  
or scalp massage

All prices include lunch, robes, slippers and use of the facilities.

All spa packages incur a £5.00 surcharge for weekends.



## REPLENISH WITH A MANICURE OR PEDICURE

Jessica Deluxe Pedicure (55mins)	£45
Jessica Deluxe Manicure (55mins)	£45
Jessica Express Pedicure (25mins)	£31
Jessica Express Manicure (25mins)	£31

## FINISHING TOUCHES

Eye Package (55mins)	£29
Eyebrow Tint (15mins)	£15
Eyelash Tint (25mins)	£20
Eyebrow Shape (25mins)	£20
Eyebrow Tint or Wax (15mins)	£15

## REFRESH WITH A MASSAGE

Hot Stones Full Body (55mins)	£70
Hot Stones Back, Neck and Shoulders (25mins)	£49
Tranquility Back Massage	£32
Tranquility Back, Neck & Shoulder Massage (25mins)	£39

## THE SMOOTH TOUCH

Full Leg Wax (55mins)	£35
Half Leg Wax (45mins)	£25
Add Bikini for £3	£3
Chest / Back Wax	£16 / £22
Chest and Back Wax	£40
Bikini Wax (25mins)	£20
Upper Lip or Chin Wax (15mins)	£15
Underarm Wax (25mins)	£20

## ALL YEAR GLOW

Sienna X Full Body Tan & Exfoliation (55mins)	£45
Sienna X Full Body Tan (45mins)	£39



# THE CHELTENHAM PARK HOTEL

Cirencester Road | Charlton Kings | Cheltenham | Gloucestershire GL53 8EA | Tel: 01242 222021

Email: [cphbeauty@cheltenhampark-hotel.co.uk](mailto:cphbeauty@cheltenhampark-hotel.co.uk) | [www.cheltenhampark-hotel.co.uk](http://www.cheltenhampark-hotel.co.uk)

Terms & Conditions: The minimum age for all treatments is 16. All Décléor treatments are 25 or 55 minutes. Patch test required 24 hours before any tint treatments. All treatments require pre-payment. All spa days are 50% deposit & full payment 7 days prior. Cancellation policy of 72 hours for Spa Days or Group Bookings and 48 hours for Individual Treatment Bookings or full amount will be payable. Please arrive 20 minutes before booked treatment time. Treatments which start late will be cut short to avoid causing inconvenience for other guests.